

# OPEN PROGRAMME 2024

Version 4: February 2024

## IOSH COURSES

Prices include IOSH registration / exam fees and course books

IOSH Managing Safely (3 days)	29—31 January 8—10 April 10, 13, 14 June	1, 3, 4 October 4-6 December	£445
IOSH Safety for Executives & Directors (1 day)	15 February 7th May	19 August 30 September	£295

## CITB COURSES

Prices include CITB registration / exam fees and course books

Health & Safety Awareness (HSA) (1 day)	8 January 7 March 13 May	1 July 27 September 1 November	£195
Site Supervisors Safety Training Scheme (SSSTS) (2 days)	15 & 16 January 21 & 22 March 30 & 31 May	8 & 9 July 12 & 13 September 25 & 26 November	£395
Site Supervisors Safety Training Scheme Refresher (SSSTS-R) (1 day)	9 February 16 May	12 August 7 November	£195
Site Managers Safety Training Scheme (SMSTS) (5 days)	5, 6, 12, 13, 14 February 2, 5, 15, 16 & 29 April	16, 17, 19, 23, 24 September 2, 3, 9, 13, 16 December	£625
Site Managers Safety Training Scheme Refresher (SMSTS-R) (2 days)	1 & 2 February 9 & 10 May	29 & 30 July 4 & 5 November	£395

## NEBOSH Courses

Prices include NEBOSH registration / exam fees and course books

National General Certificate in Occupational Health & Safety (NG1 & NG2) (10 days)	18, 25— 28 March (NG1) 22—26 April (NG2) 8 May (OBE Exam)	2, 3, 5, 6, 9 September (NG1) 14, 15, 17, 21, 22 October (NG2) 6 November (OBE Exam)	£1,295 (full course) £695 (each module)
Health & Safety Management for Construction (CN1) (10 days)	3—7 June 17—21 June 2 July (OBE Exam)	23, 25, 28, 30, 31 October 18—22 November Early January 2025 (OBE Exam)	£1,295
Certificate in Fire Safety (FSC1 & FSC2) (10 days)	2—5 July 7 August (OBE)		£695

\* All prices exclude VAT

Visit our website at [www.rawlingsrcs.co.uk/training-home.co.uk](http://www.rawlingsrcs.co.uk/training-home.co.uk)  
or contact us on 0151 480 8968 / [enquiries@rawlingsrcs.co.uk](mailto:enquiries@rawlingsrcs.co.uk)

## OPEN PROGRAMME 2024

### First Aid Courses

Emergency First aid at Work (1 day)	16th February 2020 17th May 2024	£130
First aid at Work (3 days)	Dates available throughout the year—contact us to book a place	£390

### Other Courses We Deliver

Working at Height / Manual Handling / Asbestos Awareness (1 day)	Dates available throughout the year—contact us to book a place	£65 per event £130 for all 3 events
Mental Health Awareness (via Zoom / Teams)	Dates available throughout the year - contact us to book a place	£130
Mental Health First Aid (via Zoom / Teams)	Dates available throughout the year - contact us to book a place	£265

### Personal Development Workshops

We can also offer a range of Personal Development workshops that can be designed & delivered to meet your people's needs.

Examples of what we can offer includes:

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| <ul style="list-style-type: none"> <li>• Personal Effectiveness</li> <li>• Managing Performance</li> <li>• Leading &amp; Managing Change</li> <li>• Effective Presentations</li> </ul> | <ul style="list-style-type: none"> <li>• Solving Problems &amp; Making Decisions</li> <li>• Building &amp; Maintaining Effective Teams</li> <li>• Motivating Your Team</li> <li>• Delegating Effectively</li> </ul> | <ul style="list-style-type: none"> <li>• Emotional Intelligence</li> <li>• Interview Skills (Interviewer)</li> <li>• Interview Skills (Interviewee)</li> <li>• Facilitation Skills</li> </ul> |
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Contact us for further details or to arrange a free consultation

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